

Elena Nikiphorou

Country: United Kingdom

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Year of birth: 1979



Mains diplomas:

- MBBS/BSc: 2004, University College London
- Rheumatology training: Addenbrooke's Hospital, Cambridge University Hospitals NHS Trust; West Hertfordshire Trust; Norfolk & Norwich University Hospital.
- MD (Research): 2013, University College London
- Other: MRCP (UK); PGCME, FHEA.

Current position and hospital/university: Consultant rheumatologist (Whittington Hospital, London, UK) and senior researcher (King's College London, UK).

Position within EULAR/international experience:

- EMEUNET Chair, member of EULAR Executive Committee
- Fellow on EULAR Task Force for Data Harmonization in RA observational studies
- Methodologist on EULAR Project for mobile Health applications in RA
- Member of EULAR Scientific Committee: as Chair of EMEUNET & responsible for Comorbidities abstract topic
- Member of the Rheumatologists' classroom, EULAR School of Rheumatology
- Member of the School of Rheumatology Strategy working group
- Short fellowships abroad including: Jyvaskyla, Finland (EULAR Scientific Training bursary); Chicago Rush Medical Centre, Chicago, US (Royal Society of Medicine bursary).

Role as EMEUNET working group member:

EMEUNET Chair
Previous co-leader of the Social Media Subgroup
Previous member of the Country Liaison Subgroup
EMEUNET - ARD Social Media Team member (previously leader & Spokesperson on Social Media [2015-2016])

Areas of Research/Interest: Rheumatoid arthritis; spondyloarthritis; comorbidities;

epidemiology; outcomes research; patient reported outcomes.

Keywords:

rheumatoid arthritis, spondyloarthritis, comorbidities, outcomes research, epidemiology

Select Publications (2016-17):

- 1) Alunno A., Studenic P., **Nikiphorou E.**, Balazova P., van Nieuwkoop L., Ramiro S., Carubbi F., Richez C., Caeyers N., Kouloumas M. Person-focused care for young people with rheumatic and musculoskeletal diseases: young rheumatologists and EULAR Young PARE perspective. *RMD. In press; Aug 2017.*
- 2) **Nikiphorou E.**, Buch M.H, Hyrich K.L. Biologic registers in rheumatoid arthritis: methodological aspects, current role and future applications. *Nature Rev Rheum. In press; Jun 201.*
- 3) **Nikiphorou E.**, Alunno A., Carmona L., Kouloumas M., Bijlsma H., Cutolo M. Patient-physician collaboration in rheumatology: a necessity. *RMD. In press; Jul 2017*
- 4) Khan N.A., Spencer H.J., **Nikiphorou E.**, Naranjo A., Alten R., Chirieac R.M., Drosos A.A., Géher P., Inanc N., Kerzberg E., Ancuta C.M., Müller R., Ørnbjerg L., Sokka T. Intercentre variance in patient reported outcomes is lower than physician and laboratory assessed measures of rheumatoid arthritis activity: Results from a cross-sectional multinational study. *Rheumatol (Oxford). Epub ahead of print*
- 5) **Nikiphorou E.**, Neocleous V., Phylactou L.A., Psarelis S. Successful use of tocilizumab in two cases of severe autoinflammatory disease with a single copy of the Mediterranean fever gene. *Rheumatol (Oxford). Accepted May 2017. PMID: 28486679.*
- 6) **Nikiphorou E.**, Mackie S.L., Kirwan J., Boers M., Isaacs J., Morgan A.W., Young A. Achieving consensus on minimum data items (including core outcome domains) for a longitudinal observational cohort study in rheumatoid arthritis. *Rheumatol (Oxford). Accepted Jan 2017. PMID: 28013197.*
- 7) **Nikiphorou E.**, Galloway J., van Riel P.L., Ostor A., Haugeberg G., Gogus F., Kauppi M., Yazici Y., Sokka-Isler T. The Spectrum of Early RA Practice Across the Globe: Results from a Multinational Cross Sectional Survey. *Clin Exp Rheumatol. Accepted Jan 2017. PMID: 28134086.*
- 8) Carpenter L., Norton S., **Nikiphorou E.**, Jayakumar K., McWilliams D.F., Rennie K.L., Dixey J., Kiely P., Walsh D.A., And Young A On Behalf Of ERAS & ERAN. Reductions in radiographic progression in early RA over 25-years: changing contribution from seropositivity in 2 multi-centre UK inception cohorts. *Arthritis Care Res. Accepted Jan 2017. PMID: 28217885.*
- 9) **Nikiphorou E.**, Carpenter L., Norton S., Morris S., MacGregor A., Dixey J., Williams P., Kiely P., Walsh D.A., Young A. Can rheumatologists predict eventual need for orthopaedic intervention in patients with Rheumatoid Arthritis? Results of a systematic review and analysis of two UK inception cohorts. *Curr Rheum Reports 2017; 19(3):12.*
- 10) Jani M., **Nikiphorou E.**, Croft A., Bukhari M. Building the future of rheumatology: the role of national and international networks. Editorial. *Rheumatol (Oxford). Accepted Dec 2016. PMID: 28339820.*
- 11) Brown G., Kyei-Mensah A., Lachmann H.J., **Nikiphorou E.** A baffling case of severe systemic inflammation. Putting the pieces together: Genes, environment and triggers. *Rheumatol (Oxford). Accepted Dec 2016. PMID: 28158814.*

- 12) **Nikiphorou E.**, Studenic P., Ammitzbøll C.G., Canavan M., Jani M., Ospelt C., Berenbaum F on behalf of EMEUNET. Social media use among young rheumatologists and basic scientists: results of an international survey by the Emerging EULAR Network (EMEUNET). *Ann Rheum Dis.* 2016; 76(4):712-715.
- 13) **Nikiphorou E.**, Radner H., Chatzidionysiou K., Desthieux C., Zabalan C., van Eijk-Hustings Y., Dixon W.G., Hyrich K.L., Askling J., Gossec L. Patient global assessment in measuring disease activity in rheumatoid arthritis: a review of the literature. *Arthritis Res Ther.* 2016 Oct 28; 18(1):251. Review.
- 14) **Nikiphorou E.**, Norton S., Carpenter L., Dixey J., Walsh D.A., Kiely P., Young A. on behalf of ERAS & ERAN. Secular changes in clinical features at presentation of rheumatoid arthritis: Increase in comorbidity but improved inflammatory states. *Arthritis Care Res* 2017; 69(1):21-27.
- 15) Psarelis S., **Nikiphorou E.** Coexistence of systemic lupus erythematosus, tuberous sclerosis and aggressive natural killer-cell leukaemia: coincidence or correlated? *Lupus* 2017; 26(1):107-108.
- 16) Castrejon I., **Nikiphorou E.**, Jain R., Huang A., Block J.A., Pincus T. Fatigue and factors related to fatigue in rheumatic disease: a cross-sectional analysis from routine care on a Multidimensional Health Assessment Questionnaire (MDHAQ). *Clin Exp Rheumatol.* 2016; 34(5):901-909.
- 17) Väre P., **Nikiphorou E.**, Hannonen P, Sokka T. Delivering a one-stop, integrated, and patient-centered service for patients with rheumatic diseases. *SAGE Open Medicine* 2016; 6:1-7.
- 18) **Nikiphorou E.**, Sjöwall C., Hannonen P., Rannio T., Sokka T. Long-term outcomes of destructive seronegative (rheumatoid) arthritis - description of four clinical cases. *BMC Musculoskelet Disord.* 2016; 17(1):246.
- 19) Asikainen J., **Nikiphorou E.**, Kaarela K., Lindqvist E., Hakkinen A., Kautiainen H., Hannonen P., Rannio T., Sokka T. Is long-term radiographic joint damage different between men and women? Prospective longitudinal data analysis of four early RA cohorts with greater than 15 years follow-up. *Clin Exp Rheumatol.* 2016 Apr 28. [Epub ahead of print]
- 20) **Nikiphorou E.**, Norton S., Young A., Carpenter L., Dixey J., Walsh D.A., Kiely P; ERAS and ERAN. Association between rheumatoid arthritis disease activity, progression of functional limitation and long-term risk of orthopaedic surgery: combined analysis of two prospective cohorts supports EULAR treat to target DAS thresholds. *Ann Rheum Dis.* 2016 75(12):2080-2086.
- 21) Carpenter L., **Nikiphorou E.**, Sharpe R., Norton S., Rennie K., Bunn F., Scott D., Dixey J., Young A. Have radiographic progression rates in early rheumatoid arthritis changed? A systematic review and meta-analysis of long-term cohorts. *Rheumatol (Oxford).* 2016 Mar 8; kew004.

Date of last update of the CV: September 2017