

Curriculum vitae

SPIERINGS JULIA

Country: The Netherlands

Country of origin: The Netherlands

Contact e-mail: J.Spierings@umcutrecht.nl

Year of birth: 1985

Mains diplomas:

MD: 2011 Medicine, Maastricht University, The Netherlands

Rheumatologist: 2017, Maastricht and Utrecht, The Netherlands

Current position and current hospital/university:

Rheumatologist and PhD candidate in University Medical Center Utrecht, department of Rheumatology and Clinical Immunology, The Netherlands

Project coordinator national project systemic autoimmune diseases.

Position within EULAR/international experience:

Working group member EMEUNET

Working group member EUSTAR (Education)

Role as EMEUNET working group member:

General member

Areas of Research/Interest:

Systemic sclerosis

Stem cell transplantation in autoimmune diseases

Ultrasonography

Keywords: Systemic sclerosis, Stem cell transplantation, systemic autoimmune diseases, Ultrasonography

Select Publications :

1. van Rhijn-Brouwer F.C.C., **Spierings J.**, van Rhenen A., Kuball J. H. E., van Laar J. M. Second autologous hematopoietic stem cell transplantation in systemic sclerosis – a case report. *Submitted to Rheumatology (Oxford)*
2. **Spierings J.**, Lutter L., van Rhijn-Brouwer F.C.C., van Laar J.M., van Wijk F. Resetting the T cell compartment in autoimmune diseases with autologous hematopoietic stem cell transplantation: an update. *Front. Immunol.* 2018 9:767.

3. Kuipers S., Herenius M., **Spierings J.** Vitality of Rheumatology Residents; results of the resident survey 2017. *NTvR 2018-2*
4. van Rhijn-Brouwer FCC, **Spierings J**, van Laar JM. Autologous hematopoietic stem cell transplantation in systemic sclerosis: a reset to tolerance? *Immunol Lett.* 2017 Nov 16. pii: S0165-2478(17)30409-1.
5. **Spierings J**, van Rhijn-Brouwer FC, van Laar JM. The Microbiome in Systemic Sclerosis. *Chapter in The Microbiome in Rheumatic Diseases and Infection 2018*
6. **Spierings J**, Bours S, Peeters HRM. Regional Migratory Osteoporosis. *Osteoporos Int.* 2017 Oct 24.
7. **Spierings J**, van Eden W. Heat shock proteins and their immunomodulatory role in inflammatory arthritis. *Rheumatology (Oxford).* 2016 Jul 13. Review.
8. **Spierings J**, Vosse D, Verstraeten V. Nodular scleroderma. *Arthritis Rheumatol.* 2015 Dec;67(12):3157.
9. **Spierings J**, van der Linden AN, Kuijper PH, Tick LW, Nijziel MR. Incidentally detected diffuse signal alterations of bone marrow on MRI: is bone marrow biopsy indicated? *Neth J Med.* 2014 Sep;72(7):345-8.

Date of last update of the CV: March 2018