

# James Gwinnutt

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## Education

### **2014-2017 University of Manchester, Ph.D. Musculoskeletal Epidemiology**

3 years research in the Centre for Musculoskeletal Research, funded by Arthritis Research UK.

- Working on the Norfolk Arthritis Register (NOAR) database. Large database of 3500+ participants followed for up to 20 years.
- Completed courses: Introduction to Stata, Basic Epidemiology, Applied Epidemiology, Academic Writing.
- Public engagement day at the Museum of Science and Industry.
- Presentations to the Research User Group, at NOAR analysis meetings and at a department wide seminar, UK-RIME, ACR 2015, ACR 2015

### **2010-2014 University of Bath, BSc (Hons) Psychology - 1<sup>st</sup> Class Honours**

4 year course including a mandatory placement year of at least 30 weeks

- Modules studied: Year one – Mind & Behaviour, Psychology Laboratory, Quantitative Methods 1, Applying Psychology, Controversies in Psychology 1 & 2, Introducing Sociology 1 & 2.
- Year two – Biological Psychology, Cognitive Psychology, Quantitative Methods 2, Research Methods and Design, Social Psychology, Sociology of Criminal Justice Policy.
- Year four – Developmental Psychopathology, Psychology of Pain, Psychology and Neuroscience of Blindness, History of Psychology, Cognitive Neuroscience, Developmental Disorders, Clinical Psychology.

### **2003-2010 Ipswich School, Ipswich**

- **Qualifications:** A Levels – Psychology (A\*), Economics (A), Physics (A).  
AS Levels – Maths (B). GCSEs – 10 (7 A\*, 3 A)
- Level 3 Certificate in First Line Management. Institute of Leadership and Management – Leadership program that taught us about motivation, leadership, health and safety, planning and team work
- Level 2 Certificate in Enterprise (Young) – developing a brand for our company “Flair,” producing our product (greeting cards) and selling them across a variety of events.
- Awarded “The Psychology Prize.”

**Completed the “Good Clinical Practise” Qualification on entering placement year.**

## Voluntary Experience

### September 2012 – June 2013. Maudsley Hospital / King's College Hospital / King's College London

- I spent nine months working alongside Prof. Trudie Chalder at the Chronic Fatigue Research and Treatment Unit at the Maudsley Hospital in South London. My main responsibilities included working on a study looking at factors affecting fatigue in individuals with Rheumatoid Arthritis and HIV. I worked on developing the instruments for the study and then began the recruitment, as well as being in charge of data entry and organisation of follow-up meetings.
- Other projects that I assisted on included the collection of data concerning the efficacy of the CBT treatment on relieving the symptoms of Chronic Fatigue Syndrome, work on a systematic review of fatigue in RA, helping with data collation on a study looking at fatigue in breast cancer, and helping to develop a nurse's training programme.
- This experience helped me develop my research skills, as well as improving my organisation and time management skills. It also exposed me to various chronic illness patients groups, giving me experience working with these groups of people and conducting research on them.

### October 2013 – April 2014. CASTL Labs, University of Bath

- I volunteered alongside Dr Hinvest, working on a project at the Cognitive, Affective Science and Technology (CASTL) Lab. The project involved assessing whether the exposure to positive or negative stimuli influenced individuals choices about future monetary awards.
- I was heavily involved in the creation of the stimuli as well as the recruitment of participants and the entry of the data on the study. This project helped me further my understanding of different research methods and design, and also improved my lab based skills and interaction with participants.

### November 2007 – November 2009, St John Ambulance Cadets, Ipswich

- Being part of the St John Cadets gave me invaluable first aid knowledge, as well as helping me learn to work more effectively in teams of volunteers and paramedics at large events such as football matches and learning more about the importance of precise communication and co-ordination.

## Publications

Gwinnutt, J. Symmons, DPM. MacGregor, A. Chipping, J. Marshall, T. Lunt, M. Verstappen, SMM. (2015). The Natural History of an Inception Cohort of Patients with Inflammatory Polyarthritis Followed for 20 Years: Disease Activity, Disability and Surgery. *ACR Conference Abstracts (oral presentation)*.

## References

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Deborah Symmons

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